



Encouraging Discipleship

**SOMERSET MENDIP CIRCUIT
THE METHODIST CHURCH**

**June - August
2022**

Charity Registration No. 1134237

The Stream



Superintendent Minister: Reverend Tina Swire
Chairman of Bristol District: Reverend Dr Jonathan Pye
President of Conference: Reverend Sonia Hicks
Vice-President of Conference: Barbara Easton
2021 to 2022

<http://www.somersetmendipmethodists.com>

Also on Facebook

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Thank you for your contributions to this magazine.

Please send articles to:
The Circuit Administrator at the Circuit Office,
Wells Methodist Church, Southover. Wells BA5 1UG
Email: smcwells2019@outlook.com, phone 01749 677106

Articles need to be in by:
MONDAY 11th July 2022



*Please note that -
The Stream is uploaded onto the SMC website.
If you **do not** want your article to appear online,
please inform the Circuit Administrator when you submit
your article.*



Encouraging Discipleship

The Somerset Mendip Circuit

Mission Statement



OUR VISION

*Our vision is of a circuit
where people experience and share
God's love, justice and joy*



OUR PURPOSE

*Our purpose is to
encourage, support and challenge
one another in fulfilling our vision.*

*Somerset Mendip Circuit of the Methodist Church
Charity Registration No. 1134237*

Pastoral Letter

Rev Tina Swire



Behold I am with you always.

Life in faith is about always being in motion, and yet, being in a state of stillness. Both are about trusting in God and knowing that we can be active and yet, completely at peace with our Creator.

We have the opportunity to know that at different times of the year. Whether it be at New Years', or the beginning of the school year, or church year, we mark transition in hope and confidence and trust. It is what it is to be a people of covenant. We do not know the future, but we embrace the Mystery in hope, and confidence and even joy, because we know that we are not alone. As God has been with us in the past, is now and ever more shall be ever be so, we journey on.

We hold on to this truth during these months as well. Some of us are moving on to pastures new, like Craig and Elizabeth. We welcome Collin, Claire, Grace and Emily, who will bring a world church perspective to us, as they join us from the South Africa. Perhaps you know of others in your church families who are in motion as well.

I am confident about this in our Circuit family, that we will hold Craig, Elizabeth, Collin, Claire, Grace, and Emily, and all others, in our prayers and thoughts. We do so because we trust in God who is with us

Elizabeth, Collin, Claire, Grace, and Emily, and all others, in our prayers and thoughts. We do so because we trust in God who is with us in all things, in all our lives, wherever that may take us. In times of joy, in challenging times, and in all things in between, in the messy times and in the times when all makes sense, the God of Covenant is with us. For we know that a manger, cross, and empty tomb are witness and sign.

This is Good News for us all. The times, they are a'changing. Change may feel messy and confusing and things don't always work out the way we want them to. I mean, who thought that we would be at war in Europe, after commemorating the 60th anniversary back in 2005. But every change we journey through asks us the same question, what do we want the world to look like? It is an opportunity, held in God's grace, to live the way of God's justice-love.

So we offer hospitality and prayers to those leaving and coming, because we believe that the world should be a welcoming, loving place. We offer love, those experiencing confusing change in their love, because we know that life may well be precarious, but it is also precious, and we long for the day when all hearts will be strangely warmed, and understand that.

We embrace change because we rejoice in prevenient grace, the deep insight and truth, that God holds us and all in love, long before we knew anything about it.

The choice we make in the face of all of life, in times of change and ease, question and insight, challenge and joy and everything in between is whether to trust in this grace, and live it for the world, that all might know the welcome and home of God's love and grace. For behold, I am with you, always.

Rev Tina Swire



ARTICLE FOR THE STREAM, JUNE QUARTER

During Lent one of the village churches near Wells arranged for two charities to come and speak to the congregation about their work, also inviting the local Christians Together members. The meetings were preceded by coffee (or wine!) and cake and there was a very welcoming and happy atmosphere.

The Farming Community Network was the subject of the first evening. This is a voluntary organisation specifically, as the name suggests, to look after the farming community. Farming can be a very lonely occupation with a high suicide rate but volunteers can be a listening ear and offer plenty of advice and sympathy, which has been much appreciated. The volunteers come from all walks of life; retired farmers, of course, but also bank managers, financial advisors, accountants. You can see what advantage they can be. FCN is, however, NOT a grant-making entity. They are “walkers with....” – I liked that phrase! But imagine if you were in the depths of despair how good it would be to offload your worries into a sympathetic ear.

Some interesting facts emerged from the talk. Did you know that 75% of land in Britain cannot be ploughed? The speaker told of how one farm deteriorated in just 3 generations. The grandfather of the farm employed 60 workers, a farm manager and a foreman. Because of that he was able to be active in the community, serving on various councils and committees. The father reduced the workers down to 16, with only a manager, but was still able to be active in the community, albeit not so much. By the time the son inherited the farm, just he and 2 others did all the work, no manager and so no time for any community activity.

At this time, when farming is under scrutiny and people feeling insecure about their future, it was a timely talk. Leaflets were given out and a retiring collection taken.

I thought – what can I do? I don't know any farmers. Then I remembered that near the church in Wells there is a farm – so I called in there and gave the farmer a card in case he should ever need it. To my surprise, he said he had called them in the past and was appreciative of my visit.

The second talk was completely different, given by a young woman from a charity called ShelterBox. We were each given a piece of paper and asked to draw our ideal home, a nice relaxing imagining! When we had finished and discussed it a little, she told us to tear the paper in half. There was a gasp of horror!! Her point was that was how people felt in times of flood or hurricane or storm when their homes could be destroyed in a matter of minutes. In the year 2000 on one such occasion when the TV news headlined a disaster in Pakistan, 10 people in Cornwall wanted to help. They drew up a list of the sort of items that would be needed when you've got absolutely nothing, sourced the items and aimed to send 15 boxes to Pakistan. They were justifiably proud of what they had achieved. Would you believe that those modest boxes have grown to over 2.5 million?!

So what sort of things go in the boxes? The box itself costs £590; made of strong sturdy plastic which each recipient keeps, it contains things like a tent, a tarpaulin, a solar light, a water filter. Depending on where the disaster hits, there might be a mosquito net, a toolkit, kitchen utensils. All items have been tailored and refined to fit in with cultural needs of countries concerned. ShelterBox does not go immediately into a disaster area but works with other agencies to identify the most vulnerable. They have worked in Syria for 11 years, reaching 60,000 people; In the Philippines they have helped 20,000 people. More recently they have sent 20,000 mattresses to Ukraine.

There is a saying that from little acorns mighty oaks grow. Just look at what 10 people in Cornwall managed! If you want to know more about Shelterbox, or donate, check out www.shelterbox.org.

Moira Cowell

Wells Methodist Church.

Churchill Baby & Toddler Group

Meets every Monday at Churchill Methodist Church Hall – no need to book a place. The group is a safe, friendly place for parents, carers and under 5's. You are warmly invited to drop in anytime for a cuppa, chat, play, activities, children's snack & song time. Come along for a FREE taster visit.

Term time sessions are 09.00-11.30 & 13:00 – 14.30 which you are welcome to join at a time that suits you. Normally, we suggest a session donation of £2 per family but the first session is free!

If you have any questions at all, including any access or dietary questions, please contact Jacqueline on 01934 844134 or jyys1@tiscali.co.uk.



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IONA

Our thanks to Somerset Mendip Circuit for the generous donation of communion cups and trays to Iona Abbey.

We are expecting more visitors this year than last; this very kind gift will enable us to include everyone at our ecumenical communion services in a straightforward way.

It is good to have a link with the Methodist Church in Somerset and to remember our friends as we use the cups and trays.

On behalf of the Iona Community, thank you very much.

With warm greetings from a windy island -

Catriona

Catriona Robertson

Warden, Iona Abbey

The Iona Community

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'inspired by our faith we pursue justice and peace in and through community'

www.iona.org.uk

Frome's Kindness Festival



When organisers began planning Frome's first Kindness Festival in November 2021, little did they know just how timely it would be. From 1st – 6th March 2022, as bombs rained down on Ukraine, the town of Frome came together to affirm the superpower of kindness that we all have inside us. Events were arranged to celebrate the kindness that already exists in Frome, to help us learn how to be kinder to ourselves and others, and to deepen our understanding of the difference kindness makes to our health and wellbeing - as individuals, as a town and globally.

Events ranged from a Book Blast looking at Rutger Bregman's bestselling book *Humankind* (highly recommended reading, if you haven't come across it), to self-help sessions on sleep and self-compassion; from tree planting, to an illuminated window trail on the theme of Kindness through the town; from a discussion on Kindness in Politics, to assemblies and workshops in local schools; from badge-making workshops, to an appearance by Dr Phil Hammond at the local theatre. In a tour de force performance, by turns hilarious, serious and moving, the comedian and medical doctor regaled his audience with, amongst other things, hospital antics and the importance of the NHS, his political ambitions and his personal take on kindness. He said, "Kindness is my favourite drug – it works for everyone and it's hard to get the dose wrong." Using his favourite childhood characters, the Clangers, he came up with his own daily guidelines for living well and healthily.

These are:

- Connect (with others)**
- Learn/Love/Laugh**
- (be) Active**
- Notice (what's around you)**
- Give back**
- Eat well**
- Relax**
- Sleep**

I think the whole audience certainly connected with him.

There were also many pop-up events around the town and a column in the local paper where anyone could post a thank you message for a kindness done to them.

Everyone was encouraged to get involved by attending or organising an event. Wesley Church decided to hold a Kindness Café serving free drinks and home-made cakes, with a craft table that was much enjoyed by children and adults alike. It was great to welcome people who had never been in the church before, show them how (relatively!) normal we are and connect better with our community. We are planning to make the café a regular event and also start a children's clothes swap, where parents can bring an item their child has grown out of and swap it for a donated item in their new size.

Judging by the feedback, I feel sure Frome will be repeating the Kindness Festival in future years. The events helped to bring the whole town together, young and old, people of faith and those who wouldn't identify in that way, rich and poor - something that is so important in our increasingly divided society. Apart from Dr Phil's talk, all events were free (and he was donating his fee to a fund for Ukraine). The school workshops were a particular success, with many thoughtful responses by students. Perhaps your town or village might consider holding its own Kindness Festival...?

Rev Margaret Crawshaw

Rural hope - relationship building

This is what hope looks like for our small rural church – fragile, small and un-showy, but with colour.

Sarah Hulme, Rural Mission & Ministry Officer, shares a hopeful story from rural Somerset where a small church is bringing communities together in new and creative ways.



Sharing our hope of resurrection and new life is certainly something at the forefront of our minds over this period of Eastertide. In my previous blog, I explored the image of a [fire lily](#) and invited readers to share any examples of 'small, un-showy, rural hope'. The act of sharing stories of hope spreads ripples of encouragement and so I pray that you will be, as I was, so encouraged to read this contribution below from Jacqueline Seel the Community Development Worker at Churchill Methodist, part of the [Somerset Mendip Circuit](#).

For me, this story of rural hope tells of the benefits of long-term investment in relationship building, a willingness to try something different, creativity amidst challenges, ecumenical collaboration – what can be achieved when we work together across boundaries, the importance of demonstrating a visible presence in the community, and the boldness to share our small offering in order to encourage others who may yet be considering how to try something like this in their local community.

Here is Jacqueline's story of hope:

"Similar to many rural churches, the last 'Sunday School' at Churchill Methodist was over a decade ago. In 2018, our minister and congregation agreed that being close to nature, whether in a garden, park or wild place, helped many of us feel closer to God. Our vision was to pioneer a monthly intergenerational format with nature inspired activities and crafts, making use of outdoor rural spaces where possible (apple orchard, bluebell woods and beach) and always including a Bible story with prayer. In August 2018, we had our first Sunday afternoon gathering with hotdogs, jelly and ice cream. Since then, the number of regular and occasional families has gradually grown.

"During the pandemic, we kept in touch with families by delivering 'Message Bags' which included the Bible story, prayer ideas and themed crafts. Gradually, we re-started in person with outdoor gatherings and during the dark winter months, we have been able to meet in our hall. Through festival services and social events, morning worshipping seniors and 'CREATE! Sunday' afternoon families have been getting to know each other. This is what hope looks like for our small rural church – fragile, small and un-showy, but with colour.

"In February we collaborated ecumenically in the village with St Mary's Messy Church team from the neighbouring village and held an outreach event designed to draw together locals from traditional village homes and the newer estates across both villages. Outside Churchill Methodist the old, weathered wizened holly tree, was given a makeover when local families and seniors adorned it with salt dough love hearts, ribbons and flowers on a Saturday morning in February, as a display of the community Love Bomb coordinated by churches in Churchill and Langford.

"This two centre 'splash' event attracted families and seniors – 150 people, many of whom were new contacts. The aim of our ecumenical 'splash' events is to show our churches are alive and kicking and sow seeds of the gospel message by giving people an experience they want to share afterwards with their own family and friends."

Many thanks to Jacqueline for taking the time to encourage us all with her local example of rural hope. Please do share your local stories of #ruralhope too, either using the # when posting on social media, or by emailing Sarah Hulme - find her contact details [here](#).

From Methodist News in April 2022

FROME WESLEY CLOTHING EXCHANGE

These pictures are of the first week of Frome Wesley's new children's clothing exchange. It will run every 3rd Monday from 9.30am – 11am ongoing. The first session was a success, seeing a steady stream of 'customers'.



Here is a link to a video story of how this came about:

<https://youtu.be/vBrINExdht4>

Congratulations to Jill Warren and all those who have made this happen.

So technically Moses was the first man to download files from the cloud using a tablet.



REGULAR WEEKLY/MONTHLY EVENTS



Mondays

At Churchill - Bible study 7.30pm in the Oasis Room - If you are interested in attending during August please contact Jeanette in advance. (Jeanette 01934 852500) **(Not yet restarted)**

At Churchill (During Term Time) - Baby & Toddler Group 9.00-10.30am, 10.30-11.30pm & 13.00-2.-30pm in the School Room. (Jacqueline 01934 844134)

Wells Methodist Church - 1st & 3rd mornings Crafty Hands 10-12 noon

Wells Methodist Church - 1st & 3rd afternoon in the month, Bible Study with Bethan Foister, in the church 2.30pm - 4pm

Keinton Mandeville - (During Term Time) - Knit & Natter 2-4pm

Glastonbury Methodist Church - open on Monday mornings from 10.00am -12noon for prayer for the Ukraine. Please join us if you are able, for however long or short a time as you would like, to pray for our brothers and sisters in the Ukraine and surrounding areas. If you cannot come in person, please share with us in prayer wherever you are.

Tuesdays

Keinton Mandeville - (During Term Time) - Chapel Toddlers 10-12 noon

Keinton Mandeville - Breeze and Flow 6.30pm

Congresbury Methodist Church - Coffee Morning every other Tuesday, drop in 9.30-12 noon in the hall. (Mary Krawczenko 01934 832356)

Sandford & Churchill - Fellowship Group 2.45pm. (Ann 01934 823234)

Churchill Methodist Church (During Term Time) - **Tuesday Jam** 6.15-7.30pm ages 8-13yrs (Jacqueline 01934 844134) Help required.

Wesley Frome (During Term Time) - **Little Rascals Toddler Group** 10-12pm

Pilton Methodist Church - Village Voices, a fun choir 7.30pm at the Chapel

Coleford Methodists - Afternoon Guild 2pm for 2.30pm start.

Wednesdays

Norton Down Methodist Church - Coffee Morning 10.30-12 noon

Churchill (During Term Time) - **Guides** 6.45pm (Ruth Beadle 01934 852910)

Churchill - Choir Practice 7.30pm (Paul Beechey 01934 514363)

Wells Methodist Church - 2nd & 4th Wednesday's, **Southover Bible Study Group**, meet in the church 2.00-4.00pm

Wells Methodist Church - 3rd afternoon in the month **Memory Café** 2pm-4pm, a relaxed drop-in for people with memory problems and their carers/family

Cheddar Methodist Church - 1st Wednesday in the month 12am **Prayer Meeting** (monthly) **Not yet restarted**

Cheddar Fellowship Club - 3rd Wednesday in the month 2.30pm with various speakers (monthly)

Cheddar - Knitting for Charity Group 10am - open to all **Not yet restarted**

Cheddar - Cornerstone Coffee Morning - free coffee and cake for all (Not yet restarted)



Thursdays

Churchill Methodist Church (No meeting in August) - Lunches, soup & a pudding, 12.30pm in the hall (Janet Brown 07730 406943)

Street Methodist Church - Knit & Knatter at Leigh Road, 2-4pm. Bring any craft work or just come for a natter and cup of tea. (Sally 01458 441870)

Wells Methodist Church - weekly **Time for Prayer & Quiet Reflection** in the church, 2.30pm-3.30pm with Bethan Foister

Wells Methodist Church - 1st Thursday in the month, 2.45pm in the hall - **A chance to meet new & familiar friends for tea/coffee & cake** with Bethan Foister

Somerton - (During Term Time), **Rainbow Rascals, Toddler Group** 9-11.30am in the Schoolroom

Keinton Mandeville (During Term Time) - **Chapel Toddlers** 10-12 noon
(Not yet restarted)

Fridays

Wedmore Methodist Church - 3rd Friday in the month - (Not during August) - **Coffee for All**, in the Methodist School room 10.30-12 noon. Pop in for a quick cuppa or stay longer, Tea, coffee & biscuits will be served. Bring along a craft to do whilst chatting if you wish. 'Well behaved pets welcome' (Not yet restarted)

Churchill - Rainbows 6.00-7.15pm (Lucy Cowgill)

Saturdays

Wells Methodist Church - 2nd Saturday in the month, **Coffee Morning** 10-12 noon

Street Methodist Church - 3rd Saturday each month (except in December), **Coffee Morning and stalls** 10-12 noon

Cheddar Methodist Church - 2nd Saturday each month , **Coffee Morning with a Lite Bite Lunch** (Not yet restarted)

Sundays

Churchill - Create Sunday, 3rd Sunday in the month, 4.00-6.00pm.

Nature inspired family faith activities with free buffet tea. (Jacqueline Seel 01934 844134)

Mondays - Saturdays

Pilton New Room Community Coffee Shop - 10.00am - 12.30pm. Follow the signs for the Methodist Church from the main road through the village.



PRAYER PAGE



Be wise in your dealings with outsiders but use your opportunities to the full.

COLOSSIANS 4.5 (REB)

The art of communication is one of the most important elements of sharing our faith, but it is easy to forget the enormity of the task. The outsiders referred to above will most likely have a different perspective on life from ourselves, because faith, if genuine changes everything. Yet there is common ground: to be human includes capacities such as love, compassion and empathy.

PRAY for wisdom to recognise and use the opportunities to share our faith.

PRAY for the right words (see the following verse in Colossians) - to speak with warmth and charity even when demeaned; to speak with conviction as if what our faith is about really matters.

PRAY for the skills and courage to go beyond words so that like the first generation of Christians we can show God's love in our living.

Help me, Lord, to be more like you: to draw a circle that includes rather than excludes. Give me a genuine love for others, both those I like and those I don't like. Help me to overcome my fears and prejudices and to see your image in everyone.

RICHARD HARRIES
SOMETIME BISHOP OF OXFORD.

Rob Haskins

LECTIONARY READINGS — Year C

5th June - Pentecost

Acts 2:1-21 or Genesis 11:1-9 Psalm 104:24-34, 35b Romans 8:14-17

12th June - Trinity Sunday

Proverbs 8:1-4, 22-31 Psalm 8 Romans 5:1-5 John 16:12-15

19th June - 12th in Ordinary Time

1 Kings 19:1-4 (5-7) 8-15a Psalms 42: 43 Galatians 3:23-29 Luke 8:26-39

26th June - 13th in Ordinary Time

2 Kings 2:1-2, 6-14 Psalm 77:1-2, 11-20 Galatians 5:1, 13-25 Luke 9:51-62

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### **3rd July- 14th in Ordinary Time**

2 Kings 5:1-14    Psalm 30    Galatians 6:(1-6) 7-16    Luke 10:1-11, 16-20

### **10th July - 15th in Ordinary Time**

Amos 7:7-17    Psalm 82    Colossians 1:1-14    Luke 10:25-37

### **17th July - 16th in Ordinary Time**

Amos 8:1-12    Psalm 52    Colossians 1:15-28    Luke 10:38-42

### **24th July - 17th in Ordinary Time**

Hosea 1:2-10    Psalm 85    Colossians 2:6-15 (16-19)    Luke 11:1-13

### **31st July - 18th in Ordinary Time**

Hosea 11:1-11    Psalm 107:1-9, 43    Colossians 3:1-11    Luke 12:13-21

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7th August - 19th in Ordinary Time

Isaiah 11, 10-20 Psalm 50:1-8, 2-23 Hebrews 11:1-3, 8-16 Luke 12:32-40

14th August - 20th in Ordinary Time

Isaiah 5:1-7 Psalm 80:1-2, 8-19 Hebrews 11:29 - 12:2 Luke 12:49-56

21st August - 21st in Ordinary Time

Jeremiah 1:4-10 Psalm 71:1-6 Hebrews 12:18-29 Luke 13:10-17

28th August - 22nd in Ordinary Time

Jeremiah 2:4-13 Psalm 81:1, 10-16 Hebrews 13:1-8, 15-16 Luke 14:1, 7-14

***‘PRAY WITHOUT CEASING’
AND QUIET REFLECTION***

***REGULAR TIMES FOR PRAYER AROUND THE
CIRCUIT***

*As part of our ongoing Prayer Pilgrimage, we encourage folk to visit
and support one another in prayer, whenever and wherever...*

AXBRIDGE

After worship and coffee on the third Sunday of the month

CASTLE CARY

Every Wednesday 9.30 to 10am, in the church

CONGRESBURY

First Wednesday of the month, 10.30am to 12 noon

FROME WESLEY

Every Wednesday, 9.30am in the church, or vestry if cold

GLASTONBURY

Monday mornings from 10.00am - 12noon for prayer for the Ukraine.

Please join us if you are able, for however long or short a time as you
would like, to pray for our brothers and sisters in the Ukraine and
surrounding areas.

If you cannot come in person, please share with us in prayer wherever
you are.

RODE

Ecumenical Prayer Group Meeting on 1st and 3rd Wednesday evening
of the month 7.45 for 8pm

Contact Bill Jackson on 01373 830411 for further details.
The Group becomes a Study Group which meets weekly
during Lent (6 weeks) and Advent (4 weeks)

SOMERTON

Every Tuesday, 10.30 to 11am

STREET

Last Tuesday of the month, 1.30pm

WELLS

Every Thursday 2.30 to 3.30pm in the church



*If there are any changes, omissions or additions to make to this list, please
let The Circuit Administrator at the Circuit Office in Wells know, to include
in the next edition of The Stream.*

*All opinions expressed in 'The Stream'
are those of the author*

ADVERTISING

To advertise please can you send the details into the office,

Deborah Towner
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Many Thanks



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CARING FOR THE EARTH

The Environmental Policy of the Methodist Church

Christian mission includes caring for God's earth and sharing in God's creation

God's way, revealed in Christ, is a generous sharing of the divine love



Methodists are encouraged to: conserve resources in the Church and at home, develop more sustainable lifestyles and become involved in local, national and global environmental issues.

ENVIRONMENTAL OBJECTIVES

To promote awareness within the Methodist community of the issues and to ensure commitment on the part of office holders to them.

To ensure efficient use of energy and to avoid the pollution of water.

To reduce waste and ensure of its responsible disposal.

To use sustainable materials and locally-made goods wherever possible, to offer electronic communication where appropriate, to maximize the use of recycled resources, and to show concern for the environment in food production and distribution.

To conserve and enhance the natural and the built environment, and to be aware of the impact of church activities on the local environment.

To make every effort to reduce air pollution and energy consumption by reducing and sharing car travel and by supporting public transport.

Submitted by Barry Speddings and the working party.

PROTECTING OUR PLANET STARTS WITH YOU

- BIKE MORE DRIVE LESS**

When you further your own education, you can help others understand the importance and value of our natural resources.
- reduce REUSE recycle**

Cut down on what you throw away. Follow the three "R's" to conserve natural resources and landfill space.
- choose sustainable seafood**

Learn how to make smart seafood choices at www.FishWatch.gov.
- PLANT A TREE**

Trees provide food and oxygen. They help save energy, clean the air, and help combat climate change.
- EDUCATE**

When you further your own education, you can help others understand the importance and value of our natural resources.
- CONSERVE WATER**

The less water you use, the less runoff and wastewater that eventually end up in the ocean.
- SHOP-WISELY**

Buy less plastic and bring a reusable shopping bag.
- Don't send chemicals into our waterways.**

Choose nontoxic chemicals in the home and office.
- Volunteer!**

Volunteer for cleanups in your community. You can get involved in protecting your watershed too!
- Long-lasting light bulbs - ARE A - BRIGHT IDEA**

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Come
TO ME
all you who labor and are heavily burdened,
and I will
Give You
REST

MATTHEW 11:28

